"The South 40"
by JAMES A. SMITH
EXTENSION AGENT

Soybean producers should plan now to attend the Virginia Soybean Conference Friday, Feb. 13, at Airport Holiday Inn, Richmond. The program begins at 10:00 a.m. and concludes at 4:30 p.m. There are some excellent topics on the program: Market Development, New Developments in Combine Headers, How to Break the Yield Barrier.

* * *

This growing season James Clark will be testing a new experimental slow-release vegetable fertilizer formulated as a 15-20-14. The nitrogen portion releases evenly over a 2-3 month period and is largely unaffected by leaching rains.

Tests at the Virginia Tech Horticultural Farm in 1975 were very impressive. This fertilizer will be used in selected counties in 1976; and if results continue to be good, it may be on the marke tin 1977 or 1978.

* * *

The 1976 Virginia Beef Industry Convention will be held at the Sheraton - Fredericksburg Motor Inn Feb. 5, 6, 7.

This should be another outstanding program. Program and registration forms are available from our office.

* * *

There's been some information distributed about the nitrates in cured meat causing cancer. Without nitrate bacon is only salt pork and ham is merely a salty, warmed over pork roast.

Here are some interesting facts: nitrates can react with amines (formed when protein breaks down) to form nitrosamines (nitrosopyrolidine is the bad one which produced cancer in rats). However, to consume as much as was fed to rats (3 mg per kg of body weight) to produce cancer a person would have to eat 46,245 pounds of bacon containing 10 parts per billion of nitrosopyrolidine every day for a person's lifetime. At 1 mg per kg of body weight this substance did not produce cancer in rats. Even to get this amount from 10 ppb in bacon a person would have to eat 15,400 pounds of bacon per day for a normal human life span.

Well we could go on but remember that cancer substance is not present in cured meats but can be produced by severe frying; therefore, proper cooking is important.

* * *

Looking for a new tomato for 1976 - try Redpak. This variety is sold by the Joseph Harris Seed Company. This past year in Virginia tests it averaged 11 tons per acre with an average fruit size of .34 ounces.

Redbak is a very meaty tomato, smooth, very firm and solid. It's resistant to VF and the new race 2 of Fusarium Wilt discovered in Virginia last year.

This variety is very high on the recommended list for commercial and home plantings for 1976.

* * *

The Appomattox Dairymen's Association was organized last Tuesday night. Thirty-three dairymen and their wives were present for the meeting. Officers and directors elected were: President Dan Carson, Vice President Norman Booth, Secretary-Treasurer Clark Lewis, Directors H. B. Pack and Carlton Harris.

Other dairymen or persons interested in dairying should mail their membership dues ($5.00) to Clark Lewis, Rt. 4, Appomattox. Check should be made payable to "Appomattox Dairymen's Association."

PRECIPITATION:

Last Week	1.33
This Month	4.78
This Year	4.78

JAMES A NOLEN TO FORM PRIVATE BUSINESS

Con'd from page 1

graduated with a B.S. in Agriculture Education from V.P.I. in 1965. He is also a graduate of the Virginia-Maryland Bankers School at the University of Virginia.

He joined the staff of Fidelity in 1969 and was associated with the bank's Clarksville Office as Assistant Vice President and Loan Officer until 1974, when he was transferred to Lynchburg as Assistant Vice President and Agricultural Services Officer.

He is a member of the Association of Agricultural Bankers, serves on the Virginia Bankers Agricultural Committee and is area membership chairman for the Virginia Agribusiness Council.

He is active in the work of the Lynchburg area United Fund. Mr. Forbes is a member of the Lynchburg Host Lions Club and the Travelers Protective Association of America.

DR. FRATRICK WILL HEAD MEDICAL GROUP

Con'd from page 1

In other action, the group adopted by-laws and adopted the name "The Blue Ridge Emergency Medical Services Advisory Council."

Ms. Betsy Rowbottom, project director for EMSAC recapped for reporters the following sequence for the formation of the emergency medical service group. In 1974, jurisdictional workshops to determine primary health needs and concerns of area residents were held. Emergency medical services were identified as a major health interest. The Health Planning Council applied for funds to develop an E M S systems plan for District 11. A regional advisory committee was established under the Health Planning Council consisting of representatives from each local government, the areas 18 rescue squads, hospitals, medical society, emergency services coordinators, public safety agencies, citizens-at-large and others as appropriate.

EMSAC members are divided into four action committees: manpower and training, communications technical committee, disaster linkage, and transportation and patient transfer advisory committee.

Paul Morrison, Health Planning Council Executive Director, said EMSAC's purpose is to continue collecting information and to make recommendaitons through grass roots citizens guided by technical persons to plan for a coordinated system for the delivery of emergency medical services for persons in Planning District 11.

CLASSES PLANNED FOR PAMPLIN FARMERS

Con'd from page 1

be devoted to the Pesticide Application Certification Course. These meetings will be offered in cooperation with the Extension Service.

The above topics were selected by a special advisory committee which included: B. C. Massey, E. N. Harvey, Alfred Jamerson, Jimmy Rosser, John HIx, and Donald Phillips. Last year a total of thirty persons were enrolled for the class with an average attendance of 17 per class.

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RED HOUSE BULL SALE SCHEDULED FOR JANUARY 31

Con'd from page 1

weighed, scored, and measured off test on Tues., Jan. 13. For the 140 day test these bulls were fullfed a high silage ration supplemented with corn and soybean meal. Gains on this group of bulls have been excellent averaging 3.23 lbs. per day for the 140 day test on the bulls selling.

The bulls in the sale will have complete performance data on which to base selections. They will have adjusted weaning weight, average daily gain on 140 day test, adjusted 365 day yearling weight along with grade, frame score, muscle score, and height. In other words, these bulls have the most complete performance data possible on them for purebred and commercial breeders to use as selection criteria.

Catalogs and performance information are available from the sale manager, which is the Virginia Angus Association, 909 Landonia Circle, Charlottesville, Va., or from Viriginia BCIA, VPI& SU, Blacksburg, Va., or from James Bennett, Manager of the Red House Bull Evaluation Center at Red House. Also Extension agents throughout Virginia can furnish details regarding the performance of these bulls that will be selling on January 31.

Prospective buyers are cordially invited to visit the Red House Bull Evaluation Center at anytime previous to the sale and especially on sale day at 12:30 p.m., Sat., Jan. 31.

KINGS DOMINION ANNOUNCES NEW ATTRACTIONS FOR 1976

Kings Dominion has announced an extensive 1976 development program, including the addition of new rides and attractions, in response to the entertainment park's record first-year attendance.

A total 1,807,671 people visited Kings Dominion in 1975, according to general manager Dennis L. Speigel, making it the largest commercial travel attraction in Virginia.

Kings Dominion will open this spring on week ends beginning April 3, Speigel announced. Major new additions scheduled for 1976 include the introduction of tigers in the park's wildlife preserve area, three high-capacity thrill rides, a restaurant facility capable of serving 7,200 people daily, and a new games and merchandise building.

An elaborate stage show production describing American musical eras will also be featured among live entertainment offered at the park, located 20 miles north of Richmond.

"In planning for 1976, we have anticipated the unique travel patterns expected to occur during the American bicentennial celebraion," Speigel said. "The new rides and facilities will enhance our ability to handle a projected 2.1 million visitors this year."

Speigel noted that additions to the park, owned and operated by Family Leisure Centers, Inc., will increase the total investment in Kings Dominion to more than $60 million. Family Leisure is a joint venture of the Taft Broadcasting Company and Top Value Enterprises, a subsidiary of the Kroger Company. The joint venture company also owns and operates the Carowinds "theme park near Charlotte, N.C., while Taft independently owns the Kings Island park near Cincinnati, Ohio.

Larry Mather, Kings Dominion's zoological manager, cited the acquisition of ten Bengal tigers as "a significant, rare addition to our wildlife preserve." Only about 400 of the Asian tigers are in captivity worldwide, he noted, and they are generally listed among rare and endangered species. A new section is being prepared for the tigers in the Lion Country Safari preserve, where they will be freed to roam in a natural habitat.

A monorail system through the 120-acre preserve will feature extended hours of operation to include tours after dark. Lights on each train will permit passengers to view the increased activity of many different animals at night, Mather said.

One of the park's new rides will pass through a 60-foot high "mountain" now under construction in the Lion Country entertainment area. The ride's bobsled-type cars will travel at speeds approaching 55 miles an hour over a tight oval track. Passengers aboard other new rides will swing out over the water of the park's 10-acre lake, or loop vertically to a height of 60 feet and an upside-down position, held by centrifugal force.

Kings Dominion's food service capability is to be increased with the addition of a high-volume restaurant overlooking the lake in the Candy Apple Grove theme section. A varied menu will be offered in the unusual structure, which incorporates three large covered patios in a turn-of-the-century design.

A half-hour bicentennial program describing a variety of American musical eras will be staged in the park's $1.6 million theater. A cast of 24 college-age performers will be featured in the production entitled "We The People," which has been listed in the official events calendar of the American Revolution Bicentennial Administration.

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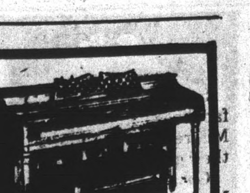

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Wingina

Sympathy is extended to the families of Elwood Ragland and Mildred Duncan in this time of their great loss.

Congratulations to Mr. and Mrs. Charles Kidd, Jr. on the birth of their first child, a daughter, Tansey Shonta.

Our thoughts and prayers have been with our pastor, Dr. Tench, and his family since his daughter and grandaughter were in a serious automobile accident in Georgia. Both are still hospitalized but improving nicely.

We are glad that Bill Crafton is home from the hospital and getting along nicely.

Lindberg Carroll is a patient in Lynchburg General Hospital as a result of a truck accident Sunday. We wish him a speedy recovery.

Louise Ragland is a patient in the University of Virginia Hospital. We hope her condition will improve and she will soon be home.

Florence Bryant recently broker her arm. We hope she will mend quickly and soon be out of that cast.

We are glad to report that Alfred McFadden is home from the hospital and is getting out a bit.

Brenda Kidd was honored with a baby shower January 17 at her home. Many friends and relatives attended and she received many nice gifts.

Two new families have moved into the neighborhood around our church. We would like to welcome Mr. and Mrs. James Bryant and Dr. and Mrs. John Hendricks and their families.

Mrs. Elizabeth Kitchen was a visitor recently in the home of her son-in-law and daughter, Mr. and Mrs. Gus Trekas, in Richmond.

Mrs. G. W. Cunningham is spending some time in Richmond visiting her daughter, Mrs. Lucille Kitchen.

Mr. and Mrs. Julian Christian and daughter and Mr. and Mrs. Leon Mauck, Jr. were visitors in the home of Mr. and Mrs. Leon Mauck, Sr. Sunday.

Visiting with Mr. and Mrs. Earl Kitchen on Sunday were Mr. and Mrs. Robert Lobdell and son, of Orange.

Services are at Antioch Baptist Church each Sunday as follows:
Sunday
1st and 3rd - Worship Service - 10 a.m.; Sunday School 11 a.m.
2nd & 4th - Sunday School - 10 a.m.; Worship Services - 11 a.m.

Please come and join us.

Gladstone

Mr. Christian Carter is a patient in Richmond Memorial Hospital where he had surgery last week. We are praying that he will soon recover.

Mrs. Phylis Goosbly and Tamara visited friends in Lynchburg on Friday night.

Mr. and Mrs. Allen Carmody and Mike visited their children in Chesapeake over the week end.

Visiting Mrs. Emily Akers last week were Mrs. Ragland, Mrs. Rothgeb and Mrs. Bea Wallace and Mr. and Mrs. Bruce Washburn.

Mr. and Mrs. Burke Smoot visited Mrs. Smoot's sister in Lynchburg on Thursday.

Visiting Mr. and Mrs. John Spiggle on Saturday was Mr. George Brown and Mr. Norman Snyder, from Lynchburg.

Mr. Russell Moore has returned home after a week's business trip in Detroit, Mich.

Mr. and Mrs. Julian Hesson visited their son and family on Sunday at Virginia Beach.

Mrs. Russell Moore and Vicki visited Mrs. Moore's parents, Mr. and Mrs. A. C. Harvey at Cullen on Sunday.

Miss Vicki Moore spent the day on Monday in Buena Vista, visiting friends.

The men at Liberty Chapel Church and Gladstone Memorial Church met at Liberty Chapel Church for breakfast on Sunday morning. They enjoyed the meal and Christian fellowship together.

Rev. and Mrs. James Williams visited Mr. Christian Carter in Richmond Memorial Hospital last week.

The men at Gladstone Memorial Church had charge of all the services on Sunday morning for the Men's Day. Those taking part were Julian Hesson, Willie Cyrus, William Bryant, Allen Carmody, John Spiggle and R. C. Stephens. John Spiggle was honored for serving as deacon for 32 years.

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Operating Earnings Increase By 10% At Fidelity Bankshares

Fidelity American Bankshars, Inc. increased operating earnings in 1975 by 107%. Income before securities gains and losses was $4,090,321 or $1.55 per share compared to $2,170,257 or $.75 per share in 1974. For the fourth quarter, income before securities gains and losses was $884,350 or $0.33 per share versus an operating loss of ($992,214) or (0.43) per share in the fourth quarter of 1974.

Net earnings for 1975 were $4,256,395 or $1.61 per share, compared to earnings of $2,159,459 or $0.74 per share for the previous year. Net earnings in the fourth quarter of 1975 were $907,397 or $0.34 per share versus a net loss of ($994,173) or ($0.43) per share in the same period of 1974.

Alvin R. Clements, President, stated that the improvement in earnings was attributable to expense controls, increased productivity, lower interest rates, and a major reduction in the level of total borrowings. During 1975 corporate debt was reduced by $21,540,078 or 43%. A substantial growth in retail and commercial deposits enabled the company to reduce its dependence on rate snsitive funds and other sources of borrowed money.

Total assets reached an all time high of $823,726,848 at year end 1975. Clements noted that this growth was mainly in highly liquid, short-term U. S. Government securities, which should enable the company to better react to any growth in loan demand.

During 1975 the company made a $3,056,340 provision for possible loan losses against a provision of $3,052,809 in 1974.

Vepco Announces Plans For Construction Program

Virginia Electric and Power Company announced recently a revision of its construciton program over the next 12 years.

Stanley Ragone, Vepco Senior Vice President, said the action was taken because of a chance made in the company's projected load growth through 1987 and a decision to withhold major expenditures on the Bath County Pumped Storage Project until after the Federal Power Commission issues a license. The company has adopted a "most likely" forecast of a 5.6 per cent compounded annual growth rate in peak demand through 1987, down from the 6.5 per cent projection of one year ago.

Mr. Ragone said, "The revised forecast has been based on a gradual but modest recovery from the economic recession, continued conservation efforts by residential and industrial customers and financial pressures that continue to affect all segments of the economy. The company has developed a range of peak load growth that ranges from a high of 6.5 per cent to a low of 4.5 per cent. The generation addition program now contemplated has flexibility to provide adequate reserves to meet the anticipated requirements within the forecast range."

Surry units 3 and 4, originally scheduled for 1983 and 1984 respectively, are now scheduled for operation in 1986 and 1987. However, if load growth is greater than expected, these units could be scheduled for 1984 respectively, are now scheduled for

Surry units 3 and 4, originally scheduled for 1983 and 1984 respectively, are now scheduled for operation in 1986 and 1987. However, if load growth is greater than expected, these units could be scheduled for 1984 and 1985 if the decision is made by the end of 1976 or 1985 and 1986 if the decision is made prior to 1978.

At the Bath County Pumped Storage Project, in Bath County, Va., the scheduled dates were delayed about a year, to 1983 for the first three units and 1984 for the remaining three. Mr. Ragone said the project was delayed because the company decided against making major capital expenditures prior to the issuance of a license. A public hearing on licensing of the project ended last month in Washington.

North Anna Unit 4 will be deferred several months. The schedule remains unchanged for Unit 3. About 50 per cent of the energy on the Vepco system will be produced by nuclear power after the completion of North Anna Units 1 and 2, still scheduled for the Spring and Fall of 1977.

BIRTHDAYS:
Feb. 22 Gwen Maria King

ATTENTION ADULTS

APPOMATTOX COUNTY ADULT EDUCATION PROGRAM
(All Classes Are To Be Taught By Qualified Instructors And Are Sponsored By The Appomattox County School Board)

REGISTRATION - By Phone: Call 352-8722
By Mail: Return Form Below

SECOND SEMESTER CLASSES

Course	Time	Class Begins	Length Of Course	Cost	Location
Typing, Beginning	Tu & Th, 7:00-9:00 p.m.	Tu, Feb. 3	54 Hours	$15.00	ACHS, Room 304
Typing, Advance	Tu & Th, 7:00-9:00 p.m.	Tu. Feb. 3	54 Hours	$15.00	ACHS, Room 304
Shorthand, Beginning	Tu & Th, 7:00-9:00 p.m.	Tu, Feb. 3	54 Hours	$15.00	ACHS, Room 302
GED Review Class (for adults who want to take the high school equivalency examination)	Tu & Th, 7:00-9:30 p.m.	Class is already in session, but adults may enroll for remainder of course		$20.00	ACHS, Room 303
Bricklaying	Tu & Th, 7:00-9:30 p.m.	Tu, Feb. 3	50 Hours	$15.00	ACHS Masonry Department
Art (Drawing & Painting)	Tuesday, 7:00-9:30 p.m.	Tu, Feb. 3	35 Hours	$15.00 plus cost of materials	ACHS Art Dept.
Physical Education (Men's Basketball & Weight Lifting)	Mon & Th, 7:00-9:00 p.m.	Mon, Feb. 2	40 Hours	$5.00	ACHS Physical Education Dept.
Physical Education (Women - Basketball)	Monday, 7:00-9:00 p.m.	Mon, Feb. 2	20 Hours	$2.50	AMS, Gym
Farm Machinery Repair - Appomattox	Tu & Th, 7:00-10:00 p.m.	Jan. 5	108 Hours	$5.00	AMS, Agriculture Shop
Farm Machinery Repair - Pamplin	Monday, 6:30-10:00 p.m.	Jan. 19	70 Hours	$5.00	Pamplin Elementary Shop
Woodworking	Thursday, 7:00-10:00 p.m.	Th, Feb. 5	45 Hours	$15.00 plus cost of materials	ACHS Vocational Agriculture Dept.
Guitar, Beginning and Advanced	Monday, 7:00-8:00 p.m.	Mon, Feb. 2	10 Hours	$5.00	ACHS Music Department

Course	Time	Class Begins	Length Of Course	Cost	Location
Cake Decoration, Beginning	Tuesday, 7:00-9:30 p.m.	Tu, Jan. 27	25 Hours	$12.50 plus cost of materials	ACHS Home Ec. Dept.
Cake Decoration, Advanced	Thursday, 7:00-9:30 p.m.	Th, Jan. 29	25 Hours	$12.50 plus cost of materials	ACHS Home Ec. Dept.
Auto Mechanics (Class for women and men)	Tuesday, 7:00-9:30 p.m.	Tu, Feb. 3	30 Hours	$10.00	ACHS, Power Mechanics Dept.
Young Homemakers (Young women 18-35 years of age)	Contact Home Economics Dept. at ACHS for information concerning this class - Phone 352-7146.				
Young Farmers (Young men 18-35 years of age)	Contact Vocational Agriculture Department at ACHS for information concerning this class - Phone 352-7146.				
Adult Farmer Evening Class (Appomattox)	Information concerning this class to be announced later.				
Adult Farmer Evening Class (Pamplin)	Thursday, 7:30-9:30 p.m.	Jan. 28	20 Hours	No Charge	Pamplin Elem.

NOTE:

1. Appomattox County School Board reserves the right to cancel a class if less then ten (10) persons enroll for a class.
2. Enrollment fees to be collected by instructor at first class meeting.
3. Persons interested in registering for a class may call 352-8722 during the hours of 8:30 - 4:00, by coming to class the night the class starts or by mailing the registration form below.
4. Persons interested in a class not offered please contact R. B. Carter, Adult Education Coordinator, at 352-8722 and give information about class desired.

REGISTRATION

Please enroll Mr. / Mrs. / Miss ____________ in the following course ____________. Telephone No. ____________ and address of enrollee ____________.

Mail To: Adult Education Coordinator
Appomattox County School Board
Appomattox, Virginia 24522

Child Abuse/Neglect Reports On Increase In State

A total of 10,172 reports of suspected child abuse or neglect have been made to the Virginia Department of Welfare's Bureau of Child Protective Services since it began opeartion on July 1,1975.

The July through, December figures represent a 36 fold increase over the 278 reported cases of abuse or neglect that were made to Health Department during the first six months of 1975. More than 72 percent of the 10,172 reported cases since July have proved valid abuse or neglect situations.

The dramatic increase follows the enactment of new legislation by the 1975 General Assembly which established a central registry in Richmond for all reported abuse and neglect cases.

The legislation also established community advisory teams for child abuse and neglect and provided for 24-hour, 7-day-a-week reception and investigation of complaints.

An integral segment of the operation is a toll-free telephone number,1-800-552-7096, where complaints from throughout the State are received around the clock.

Each local department of welfare or social services in turn has a social worker assigned to investigate abuse and neglect complaints.

The worker is available 24-hours-a-day and investigates cases of apparent extreme abuse or neglect at any hour of the day or night. An investigation is made of all cases within 24-hours of the complaint.

After completing an investigation, a local office reports back to the Bureau of Child Protective Services' central registry in Richmond. The central registry aids in identifying abusers who may move throughout the State.

The primary concern in all matters is the safety of the child. In some minor cases of abuse of neglect, the local office will work with the parents in an attempt to resolve the frustrations that lead to the neglect or abuse.

In cases of more severe abuse, a child can be taken into custody for up to 72 hours. This is strictly a last resort measure. If it occurs, however, the court is notified of the action and is supplied with copies of the local agency's investigation, plus any medical reports, before it makes a final decision on the case.The final decision could result in the child being removed from the home and being placed in permanent foster care.

If during the course of an investigation a social worker discovers the possibility that a felony has been committed, the Commonwealth's Attorney is notified.

Another feature of the new child abuse and neglect legislation is the requirement that doctors, nurses, teachers and other professionals who come in contact with children report suspected cases of abuse or neglect. Under the law, failure to do so could result in a misdemeanor prosecution.

The 1975 abuse and neglect law identifies an abused or neglected child as one under the age of 18 whose parent or guardian; - Creates or inflicts, threatens to create or inflict, or allows to be created or inflicted upon such child a physical or mental injury by other than accidental mean, or creates a substantial risk of death, disfigurement, impairment of bodily or mental functions.

Neglects or refuses to provide care necessary for his health, provided, however, that no child who in good faith is under treatment sorely by spiritual means through prayer in accordance with the tenets and practices of a recognized church or religious denomination shall for that reason alone be considered to be an abused or neglected child;

Abandons such child; or

Commits or allows to be committed any sexual act upon a child in violation of the law.

(Code of Virginia, 63.1-248.1.)

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ENERGY SAVING TIPS FOR THE WEEK

If your home has long eastern and western sides, consider extending the north side out three or four feet at each side. Such wind breaks cut heat loss through the eastern and western walls, particularly those that are poorly insulated.

If you have open crawl space under your house, enclose it with cinder blocks. But first insulate the bottom of your home with at least three inches of stapled-on insulation.

If you have a ranch or spread-out home with much exterior wall surface, consider "zoning" into "sleeping" and "living" spaces that can be heated depending on occupancy. If you have a hot-water or steam system, zoning is simple: Each room can be equipped with a non-electric zone valve that can be set for the desired temperature. The valves cost about $40 each, installed. If you have a hot-air system, zoning is more costly. However, if your heating bills are very high, that cost could be recouped in just two or three seasons. And zoning adds to the resale value of your home.

If you have a steam system, cut out sections of corrugated paper board so that they are slightly smaller than the dimensions of each radiator. Wrap each cutout in broiler foil, bright side out, and drop one behind each radiator. It will reflect back heat wasted warming the outer wall. If one room is particularly cold, aim a small fan at the radiator to increase heat flow.

The best way to use cooking heat effectively is to make every bit of heat do as much work as possible - and to make sure most of the heat you use is actually working for you to cook the food. When cooking a roast, turn off the oven 30 minutes before serving time and let it coast on retained heat. Or use the still-warm oven to warm other dishes or food.

Save your aluminum cans so they may be recycled. In recycling aluminum we use 95% less energy than was initially used to produce the aluminum from ore.

Use natural compost from your own cuttings and leaves for fertilizers. Petroleum and natural gas generally are used as raw materials and for fuel in the manufacturing of artificial fertilizers.

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1973 PINTO
RUNABOUT - Cruise-O-Matic with Air

2-1973 FORD
STATION WAGEN with Air

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1971 FORD
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1969 FORD
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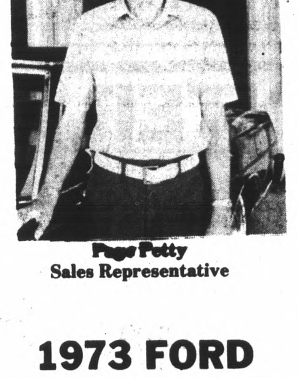

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